

Diabetes Care



Recognition for Excellence in Diabetes Care

Providing excellent care to patients is your highest priority, but providing top-quality diabetes care in today's environment is more challenging than ever. As the practice of diabetes care evolves, how can you assure yourself and your patients that the care you're providing is second to none?

That is why the National Committee for Quality Assurance (NCQA) has developed the Diabetes Recognition Program.

Achieving Recognition gives you the distinction of being identified as a high-quality clinician and demonstrates that you are on the leading edge of quality care delivery.

Dedicated to Promoting Quality Health Care

The Diabetes Recognition Program (DRP) was developed to help clinicians use evidence-based measures and provide excellent care to patients with diabetes. Recognized clinicians are rewarded for taking the steps needed to ensure high-quality care—by identifying patients already getting the care according to the standards and by going the extra mile to identify patients who would benefit from additional interventions.

Set Yourself Apart

Recognition demonstrates to your patients you are giving the best care possible. In turn, you earn increased respect from your peers and patients, and distinguish yourself as a leader in your community. That is why NCQA Recognition programs have been embraced by more than 20,000 of the nation's leading clinicians and practices who have already earned this distinction.

Evidence-Based Measures Used to Evaluate Performance

The requirements represent nationally accepted measures of care for patients with diabetes. Evaluating a sample of your patients against these requirements provides you with valuable information about your patients and your practice.

Physician Quality Reporting System (PQRS) Participation

NCQA has been designated as a PQRS registry. Physicians, physician assistants and nurse practitioners who earn DRP Recognition from NCQA may opt to have NCQA submit their Medicare clinical quality data to CMS for use in PQRS. Eligible professionals who participate in Medicare's PQRS program receive financial rewards for collecting and reporting data about the quality of their care. For more information, visit www.ncqa.org/recognition.



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About Diabetes

- **Diabetes affects an estimated 23.6 million Americans or 7.8% of the population — 17.9 million have been diagnosed with the disease, leaving 5.7 million unaware that they have diabetes.¹**
- **About 186,300 people under age 20 years have diabetes.² Complications from diabetes include heart disease and stroke, high blood pressure, blindness and kidney disease.³**

Benefit From:

Exposure: NCQA lists DRP Recognitions on the Web site at www.ncqa.org

Recognition: The list of DRP Recognitions is widely distributed to health plans, employers and others.

Rewards: Many health plans and employers will offer rewards and other benefits to DRP Recognized clinicians.

DRP Adult Measures—Performance Criteria and Scoring

Clinical Measures	Criteria	Points
HbA1c Poor Control >9.0%*	≤15% of patients in sample	12.0
HbA1c Control <8.0%	60% of patients in sample	8.0
HbA1c Control <7.0%	40% of patients in sample	5.0
Blood Pressure Control ≥140/90 mm Hg*	≤35% of patients in sample	15.0
Blood Pressure Control <130/80 mm Hg	25% of patients in sample	10.0
Eye Examination	60% of patients in sample	10.0
Smoking Status and Cessation Advice or Treatment	80% of patients in sample	10.0
LDL Control ≥130 mg/dl*	≤37% of patients in sample	10.0
LDL Control <100 mg/dl	36% of patients in sample	10.0
Nephropathy Assessment	80% of patients in sample	5.0
Foot Examination	80% of patients in sample	5.0
Total Points		100.0
Points Needed to Achieve Recognition		75.0

*Denotes poor control.

Eligibility

Individual physicians, physician assistants, nurse practitioners or a practice may apply for Recognition. Interested clinicians should contact NCQA for the Web-based data collection tool (DCT) and then simply select a start date, identify the number of eligible patients required for the number of clinicians, collect appropriate data from medical records and input into the DCT.

Board Certification

Check with your medical specialty board regarding credit for DRP Recognition toward your maintenance of certification.

The Diabetes Recognition Program was made possible, in part, through educational grants from:



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Getting Started

1. Order Free Application Packet:

Call NCQA Customer Support at 888.275.7585 or visit www.ncqa.org/drp.

2. Purchase the Data Collection Tool (DCT) and DRP Requirements:

The DCT is a Web-based program that enables you to collect and submit your data for evaluation. It is available to purchase online or through NCQA Customer Support.

3. Identify Patient Sample, Enter Data into the DCT, and Evaluate Your Performance:

Abstract data for your patient sample and enter it into the DCT. The DCT automatically scores your performance and lets you know if you meet the Diabetes Recognition Program requirements.

4. Sign and Date Agreements and Mail in Application Fees:

Electronically sign the NCQA Agreement and the Business Associate Addendum.

5. Submit Data: NCQA is notified electronically once the application information and data are completed online and submitted.

6. NCQA Review and Notification: NCQA evaluates your data and, when complete, sends you notification of the results within 30–60 days. If you pass, your name and your practice are then posted to the NCQA Web site as Recognized.

For more specific information about the Diabetes Recognition Program, visit www.ncqa.org/drp or contact NCQA Customer Support at 888.275.7585.

References

1-3. Centers for Disease Control and Prevention. National diabetes fact sheet: general information and national estimates on diabetes in the United States, 2007. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2008.