

## DRUGS TO BE AVOIDED IN THE ELDERLY

as specified by NCQA's HEDIS® measure: Use of High-Risk Medications in the Elderly

Therapeutic Class/ Application	Drugs
Antianxiety	Meprobamate (Equagesic, Equanil, Miltown)
Antiemetic	Trimethobenzamide (Tigan)
Analgesic	Ketorolac (Toral)†
Antihistamine	<ul style="list-style-type: none"> <li>• Cyproheptadine (Periactin)</li> <li>• Dexchlorpheniramine (Polaramine)</li> <li>• Diphenhydramine (Benadryl)</li> <li>• Ephedrine</li> <li>• Hydroxyzine (Vistaril, Atarax)</li> <li>• Promethazine (Phenergan)</li> <li>• Theophylline</li> <li>• Tripeleminamine</li> </ul>
Antipsychotic, typical	<ul style="list-style-type: none"> <li>• Thioridazine (Mellaril)</li> </ul>
Amphetamine	<ul style="list-style-type: none"> <li>• Amphetamine Mixtures (Adderall)</li> <li>• Benzphetamine (Didrex)</li> <li>• Dextroamphetamine (Dexedrine)</li> <li>• Dexmethylphenidate</li> <li>• Diethylpropion (Tenuate)</li> <li>• Methamphetamine (Desoxyn)</li> <li>• Methylphenidate (e.g., Ritalin, Methylin)</li> <li>• Phendimetrazine (Prelu-2)</li> <li>• Phenteramine (Ionamin, Adipex)</li> </ul>
Barbiturate	<ul style="list-style-type: none"> <li>• Amobarbital-Secobarbital (Tuinal)</li> <li>• Amytal</li> <li>• Aprobarbital (Alurate)</li> <li>• Butabarbital (Butisol)</li> <li>• Butalbital</li> <li>• Butalbital combinations</li> <li>• Mephobarbital (Mebaral)</li> <li>• Pentobarbital (Nembutal)</li> <li>• Phenobarbital</li> <li>• Secobarbital (Seconal)</li> </ul>
Long-acting benzodiazepine	<ul style="list-style-type: none"> <li>• Chlordiazepoxide (Librium)</li> <li>• Chlordiazepoxide-Amitriptyline (Limbitrol)</li> <li>• Diazepam (Valium)</li> <li>• Flurazepam (Dalmane)</li> </ul>
Other long-acting benzodiazepine	<ul style="list-style-type: none"> <li>• Clidinium-Chlordiazepoxide (Librax)</li> <li>• Chlordiazepoxide-Methscopolamine</li> </ul>
Calcium channel blocker	<ul style="list-style-type: none"> <li>• Nifedipine (Procardia, Adalat)—short acting only</li> </ul>
Gastrointestinal antispasmodic	<ul style="list-style-type: none"> <li>• Dicyclomine (Bentyl)</li> <li>• Propantheline (Pro-Banthine)</li> </ul>
Belladonna alkaloids (includes combination drugs)	<ul style="list-style-type: none"> <li>• Atropine sulfate</li> <li>• Belladonna</li> <li>• Hyoscyamine (Anaspaz, Cystospaz, Levsin, Levsinex)</li> <li>• In combination (Barbidonna, Bellergal-S, Butibel, Donnatal)</li> <li>• Scopolamine (Scopace, Transderm-Scope)</li> </ul>
Skeletal muscle relaxant	<ul style="list-style-type: none"> <li>• Carisoprodol (Soma)</li> <li>• Chlorzoxazone (Paraflex)</li> <li>• Cyclobenzaprine (Flexeril)</li> <li>• Metaxalone (Skelaxin)</li> <li>• Methocarbamol (Robaxin)</li> <li>• Orphenadrine (Norflex)</li> </ul>
Oral estrogen	<ul style="list-style-type: none"> <li>• Estinyl</li> <li>• Estrace</li> <li>• Estradiol</li> <li>• Estratab</li> <li>• Estropiate</li> <li>• Ethinyl estradiol</li> <li>• Gynodiol</li> <li>• Premarin</li> <li>• Ogen</li> <li>• Menest</li> </ul>
Oral hypoglycemic	<ul style="list-style-type: none"> <li>• Chlorpropamide (Diabinese)</li> </ul>
Narcotic	<ul style="list-style-type: none"> <li>• Meperidine</li> <li>• Pentazocine (Talacen, Talwin, Talwin Cpd, Talwin NX)</li> <li>• Propoxyphene combinations (Darvon CPD, Darvon N, Darvocet-N)</li> <li>• Propoxyphene (Darvon)</li> </ul>
Vasodilator	<ul style="list-style-type: none"> <li>• Dipyridamole (Persantine) short acting only</li> <li>• Ergot mesyloids (Hydergine)</li> <li>• Isoxsuprine (Vasodilan)</li> </ul>