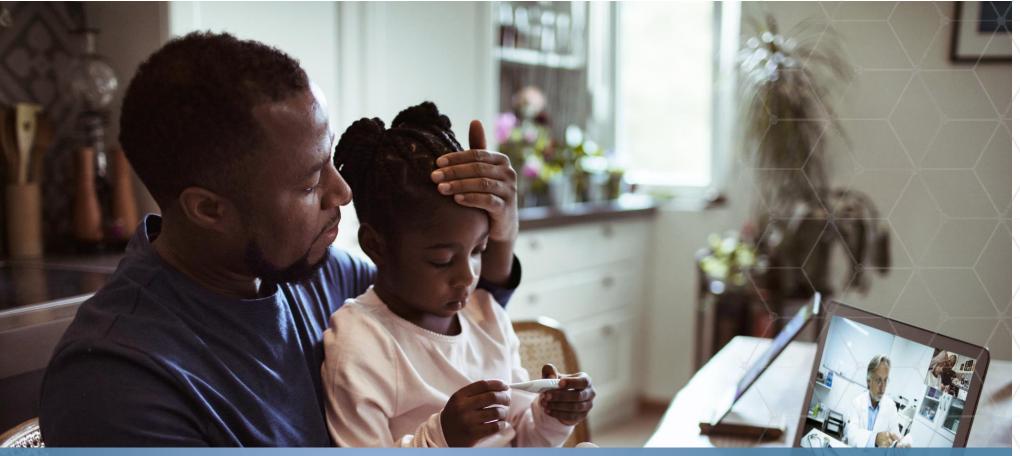






September

2020



Taskforce on Telehealth Policy (TTP) Findings and Recommendations

September 15, 2020







Our Charge

- Evaluate rapid transition to telehealth during COVID-19
- Develop consensus recommendations to:
 - Mitigate risks
 - Maximize benefits
 - Ensure quality, accessibility and efficacy
 - Fully integrate telehealth into healthcare ecosystem

Subgroups formed to focus on priority areas:

- Patient Safety and Program Integrity
- Data Flow, Care Coordination and Quality Measures
- Impact on Total Cost of Care









Members of the Taskforce on Telehealth Policy

Peter Antall, MD, Amwell

Kate Berry, AHIP

Regina Benjamin, MD, Founder, BayouClinic/Gulf States

Health Policy Center, Former U.S. Surgeon General

Krista Drobac, Alliance for Connected Care

Yul Ejnes, MD, American College of Physicians

Rebekah Gee, MD, Louisiana State University

Nancy Gin, MD, The Permanente Federation

Kate Goodrich, MD, Humana

Ann Mond Johnson, ATA

Chuck Ingoglia, National Council for Behavioral Health

Megan Mahoney, MD, Stanford

Chris Meyer, Marshfield Clinic

Ricardo Munoz, MD, Children's National

Peggy O'Kane, NCQA

Kerry Palakanis, DNP, APRN, Intermountain

Michelle Schreiber, MD, CMS Liaison (non-voting)

Dorothy Siemon, JD, AARP

Julia Skapik, MD, MPH, NACHC

Jason Tibbels, MD, Teladoc

Nicholas Uehlecke, HHS Liaison (non-voting)

Andrew Watson, MD, UPMC

Cynthia Zelis, MD, MD Live





Top-Line Findings

- Telehealth is healthcare's natural evolution into the digital age, not another type of care
- Telehealth can be critical tool in advancing a wellcoordinated, patient-centered, value-optimized health care system
- COVID-19 flexibilities generated new evidence and adaptations that question restrictions from when technology was less mature and use cases more limited









Impact on Total Cost of Care

- No excess cost and utilization observed thus far during COVID – need data from post-pandemic to draw firm conclusions on impact of expanded telehealth
 - Increased behavioral care is an exception and may have potential to improve costs and outcomes
- Telehealth may also improve costs via:
 - Fewer missed appointment (no-show rates) that improve compliance
 - Fewer costly SNF patient transfers to hospitals/EDs
 - More use of transitional care management that cuts readmissions







Kerry Palakanis, DNP, APRN Intermountain Healthcare

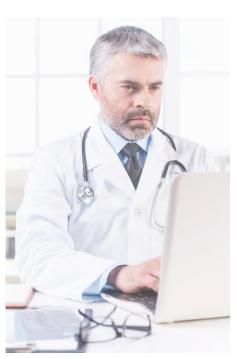












- Telehealth can enhance safety by preventing care delays, reducing exposure to pathogens, minimizing travel
 - Fund research on patient safety best practices and update existing safety reporting for telehealth
- Emerging tools, such as artificial intelligence, may have potential to make it easier to detect fraud, waste and abuse that occurs throughout health care
 - With telehealth, investigators can uncover Internet Protocol (IP) addresses and other digital signatures to help ID bad actors





Nancy Gin, MD, The Permanente Federation







Data Flow, Integration, Quality Measures

- Value-based care models best leverage telehealth's potential
- Hold telehealth to same quality standards as other settings
 - Adapt, rather than reinvent, quality measures for telehealth
- Require telehealth platform certification on data sharing, care coordination, privacy
 - Align with 21st Century Cures Act / other care setting policies
- Move to living, care coordination document shared among all care team members (not just telehealth) and away from silos
- Pilot digital patient experience surveys leveraging telehealth digital aspects







Andrew Watson, MD, MLitt. University of Pittsburg Medical Center









Overarching Findings & Recommendations

- Broadband, tech, trust, digital literacy gaps need to be promptly addressed to ensure equity and not increase disparities as health care moves into digital age
- Permanently lift telehealth restrictions on originating sites, clinicians, conditions and previous clinician/patient relationships and care across state lines as long as encounters meet appropriate standards of care or unless limits are necessary in specific situations
- Resume full HIPAA privacy enforcement





Regina Benjamin, MD Former Surgeon General of the United States















Thank You!

