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NCQA 2020 Health Plan Ratings Methodology

NCQA 2020 HEALTH PLAN RATINGS METHODOLOGY

How Are Plans Rated?

Health plans are rated in three categories: private/commercial plans in which people enroll through work or on their own; plans that serve Medicare¹ beneficiaries in the Medicare Advantage program (not supplemental plans); and plans that serve Medicaid beneficiaries.

NCQA ratings are based on three types of quality measures: measures of clinical quality from NCQA's Healthcare Effectiveness Data and Information Set (HEDIS^{®2}); measures of consumer satisfaction using the Consumer Assessment of Healthcare Providers and Systems (CAHPS^{®3}); and results from NCQA's review of a health plan's health quality processes (NCQA Accreditation). NCQA rates health plans that choose to report measures publicly

Overall rating The overall rating is the weighted average of a plan's HEDIS and CAHPS measure ratings, plus Accreditation bonus points (if the plan is Accredited by NCQA), rounded to the nearest half point displayed as stars (see below for rounding rules).

The overall rating is based on performance on dozens of measures of care and is calculated on a 0–5 (5 is highest) scale in half points. Performance includes three subcategories (also scored 0–5 in half points):

1. **Consumer Satisfaction:** Patient-reported experience of care, including experience with doctors, services and customer service (measures in the Consumer Satisfaction category).
2. **Rates for Clinical Measures:** The proportion of eligible members who received preventive services (prevention measures) and the proportion of eligible members who received recommended care for certain conditions (treatment measures).
3. **NCQA Health Plan Accreditation:** For a plan with an Accredited or Provisional status, 0.5 bonus points are added to the overall rating before rounded to the nearest half point and displayed as stars. A plan with an Interim status receives 0.15 bonus points added to the overall rating before rounded to the nearest half point and displayed as stars.

***Note:** If an Accredited plan that is not yet required to report HEDIS/CAHPS data for Accreditation chooses to publicly report its performance data, it is scored on the data submitted and receives the Accreditation bonus points (displayed as stars).*

If an Accredited plan that is not yet required to report HEDIS/CAHPS data chooses not to publicly report performance data, it will not have a rating.

¹Medicare ratings on approval from CMS.

²HEDIS[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).

³CAHPS[®] is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ).

Rounding rules The overall rating is calculated and truncated to 3 decimal places and round according to the rules below.

| Rounding Rules | |
|-------------------|-------------------|
| 0.000–0.249 → 0.0 | 2.750–3.249 → 3.0 |
| 0.250–0.749 → 0.5 | 3.250–3.749 → 3.5 |
| 0.750–1.249 → 1.0 | 3.750–4.249 → 4.0 |
| 1.250–1.749 → 1.5 | 4.250–4.749 → 4.5 |
| 1.750–2.249 → 2.0 | ≥4.750 → 5.0 |
| 2.250–2.749 → 2.5 | |

Measures included All publicly reportable clinical and consumer satisfaction measures are eligible for inclusion. Selected measures have good differentiating properties, up-to-date evidence and high population impact.

Refer to <https://www.ncqa.org/hedis/reports-and-research/> for a full list of measures and indicators.

HEDIS compliance audit results NCQA Certified HEDIS Compliance Auditors must audit HEDIS results submitted by the organization. HEDIS Compliance Audits result in audited rates or calculations at the measure level and indicate if the measures can be publicly reported. All measures selected for public reporting must have a final, audited result. The auditor approves the rate or report status of each measure and survey included in the audit, as shown below.

- Audit results for HEDIS measures**
- *Reportable (R)*. A reportable rate was submitted for the measure.
 - *Small Denominator (NA)*. The organization followed the specifications, but the denominator was too small (e.g., <30 for Effectiveness of Care measures) to report a valid rate.
 - *No Benefit (NB)*. The organization did not offer the health benefit required by the measure (e.g., mental health, chemical dependency).
 - *Not Reported (NR)*. The organization chose not to report the measure.
 - *Biased Rate (BR)*. The calculated rate was materially biased.
 - *Not Required (NQ)*. The organization was not required to report the measure.

- Audit results for survey frames**
- *Supports Reporting*. The survey sample frame was reviewed and approved.
 - *Not Reportable*. The survey sample frame was incomplete or materially biased.

Handling missing values Measures that are not reported (NR), not required (NQ) or have biased rates (BR) are given a rating of “0.”

Measures with missing values because of small denominators (NA) or because the plan did not offer the benefit (NB) are not used in the plan’s composite or overall rating. A plan must have scorable rates (a valid performance rate, NR, NQ, BR) for at least half of all measures by weight to receive an overall rating.

Note: Plans seeking Accreditation may not report NQ for performance measures included in the ratings methodology.

- Measure weights**
- Process measures (such as screenings) are given a weight of 1.
 - Outcome and intermediate outcome measures (e.g., HbA1c or blood pressure control and childhood immunizations) are given a weight of 3.
 - Patient experience measures are given a weight of 1.5.

Accreditation Status and Status Modifiers A plan's Accreditation status is determined as of June 30. If a plan has an NCQA status modifier (e.g., Under Review or Under Corrective Action) as of June 30, it will be appended to the Accreditation status.

Table 1. NCQA Accreditation Bonus Points

| Accreditation Achieved | Accreditation Bonus Points |
|---------------------------|----------------------------|
| Accredited or Provisional | 0.5 |
| Interim | 0.15 |
| In Process | 0 |
| Scheduled | 0 |
| None | 0 |

Final Plan Rating

Measure and composite ratings NCQA combines and sorts measures into categories according to conceptually related services. Ratings are displayed at the composite, subcomposite and individual measure level.

A composite or subcomposite rating is the weighted average of a plan's HEDIS and CAHPS measure ratings in those categories. The weight of any NR, NQ, and BR measure is included. NCQA uses the following formula to score composites and subcomposites:

$$(\text{Sub}) \text{ Composite Rating} = \frac{\sum (\text{measure rating} * \text{measure weight})}{\sum \text{weights}}$$

Deriving ratings from individual results and national benchmarks The National All Lines of Business 10th, 33.33rd, 66.67th and 90th measure percentiles are used for ratings, calculated as whole numbers on a 1–5 scale.

| | Rating |
|--|--------|
| A plan that is in the top decile of plans..... | 5 |
| A plan that is in the top 3rd of plans, but not in the top 10th..... | 4 |
| A plan in the middle 3rd of all plans | 3 |
| A plan that is in the bottom 3rd of plans, but not in the bottom 10 percent..... | 2 |
| A plan that is in the bottom 10 percent of plans..... | 1 |

Note: Data from the prior reporting year are used to calculate the national benchmarks unless a measure has a trending concern. If a measure has a trending concern, results from the current reporting year are used in the rating calculation.

Accessing the benchmarks and percentiles

The benchmarks and percentiles used for ratings are available as an Excel workbook in the My Downloads section of My.NCQA (<https://my.ncqa.org/Downloads>).

NCQA Primary HEDIS and Accreditation contacts have access to the HPR Benchmarks and Percentiles in the Download Center. Access has been limited for all other customers, to ensure that the benchmarks and percentiles are used solely for their intended purpose (to estimate an organization's HEDIS performance for Ratings) and not for general benchmarking or commercial purposes.

If you are a Primary HEDIS or Accreditation contact and do not have access in the My Downloads section of My.NCQA, submit a request at <https://my.ncqa.org/>.

Scoring risk adjusted utilization measures

Plan All-Cause Readmissions (PCR), Emergency Department Utilization (EDU), Acute Hospital Utilization (AHU) and Hospitalization for Potentially Preventable Complications (HPC) are case-mix adjusted measures. PCR is reported as a ratio of observed-to-expected (O/E) hospital readmissions; EDU is reported as O/E ED visits; AHU is reported as O/E acute hospital discharges; HPC is reported as O/E hospital discharges for ambulatory care sensitive-conditions.

To identify meaningful distinctions between plans, NCQA will distinguish between three levels of performance using statistical significance testing: better-than-expected performance, lower-than-expected performance and same-as-expected performance. Before evaluating the plan's O/E thresholds as outlined below, the plan's ratio and upper/lower confidence limits (CL) need to be calibrated to determine the percentage of the plan's ratio above or below the national average. To calibrate the O/E ratio, divide the plan's ratio and the upper and lower CL by the national average O/E ratio. Compare this calibrated value is then compared to 1.0 for scoring.

- *A calibrated O/E ratio >1.0* means the plan had a below average O/E ratio, based on its case mix.
- *A calibrated O/E ratio <1.0* means the plan had an above average O/E ratio, based on its case mix.

Plans with fewer than 150 denominator events (Count of Index Stays for PCR, Total Number of Members in Eligible Population for EDU, AHU and HPC) are scored NA. To help protect against trivial (but statistically significant) differences, we use an effect size threshold of 0.9 and 1.1.

Calibrated O/Es must be significantly different from 1.0 and exceed the upper and lower thresholds; therefore, these measures use a 3-point scale to determine low, medium and high levels of performance that we have mapped to HPR's 5-point scale.

To calculate the upper and lower (CL) for scoring, we apply the formulas below using the reported values in the measure. Table 1 outlines the points earned for each group of plans.

$$(1) \text{ Upper CL} = \frac{\text{Observed Count} + 1.96\sqrt{\text{Variance}}}{\text{Expected Count}}$$

$$(2) \text{ Lower CL} = \frac{\text{Observed Count} - 1.96\sqrt{\text{Variance}}}{\text{Expected Count}}$$

$$(3) \text{ Calibrated Upper CL} = \frac{\text{Upper CL}}{\text{NationalAvg O/E}}$$

$$(4) \text{ Calibrated Lower CL} = \frac{\text{Lower CL}}{\text{National Average O/E}}$$

Table 1. Scoring Algorithm for PCR, EDU, AHU and HPC

| PCR, EDU, AHU & HPC Scoring Rule | HPR Scoring |
|---|-------------|
| Calibrated O/E <0.9 and 95% upper CL <1.0 | 5 |
| Calibrated O/E not meaningfully and significantly different from 1.0 (0.9 ≤ O/E ≤ 1.1 or 95% CL includes 1.0) | 3 |
| Calibrated O/E >1.1 and 95% lower CL >1.0 | 1 |
| Not Reported (NR), BR (Biased Rated), or NQ (Not Required) HEDIS audit result | 0 |
| Plan’s denominator/eligible population <150 | NA |

Note: NCQA will calculate the CLs for all organizations.

How are Plans Displayed?

What plans are rated or receive scores?

Plans with complete data (both HEDIS and CAHPS) that have elected to publicly report data are rated; plans with partial or no data, or that do not publicly report, are listed but not rated.

Plans with partial data

Plans with partial data do not receive a rating, but NCQA lists them in the ratings and shows their scores on the measures they report. A plan is considered to have partial data if it:

- Submits HEDIS and CAHPS measure data for public reporting, but has “missing values” NA or NB in more than 50 % of the weight of measures used in the methodology. Plans that fall into this category receive an overall rating status of “Partial Data Reported” and their measure rates are displayed as “NC” (No Credit). Refer to *HEDIS Volume 2: Technical Specifications* for information about missing values.
- Submits HEDIS data for public reporting but does not submit CAHPS data, or vice versa. Plans that fall into this category receive an overall rating status of “Partial Data Reported” and their measure rates for the dataset they did not submit are displayed as “NC.”

- Earned NCQA Accreditation without HEDIS data (Health Plan Accreditation standards only) and did not submit HEDIS or CAHPS data for public reporting. Plans that fall into this category receive an overall rating status of “Partial Data Reported” and their measure rates are displayed as “NC.”

No data reported Plans that submit results but do not report data publicly, or that do not report HEDIS, CAHPS or Accreditation information to NCQA, are given a rating status of “No Data Reported” and their measure rates are displayed as “NC.” Plans that fall into this category **and** have fewer than 15,000 members are omitted—they are not rated and are not listed in displays related to ratings.

Additional Rules

Medicaid CAHPS and benchmarks Medicaid plans may choose the version of the CAHPS survey (or “component”) they want scored: Adult CAHPS, Child CAHPS or Child With Chronic Conditions CAHPS (Child CCC).⁴

Plans designate the CAHPS component when completing the Healthcare Organization Questionnaire (HOQ). Designations may not be changed and are benchmarked by component selected:

- Adult CAHPS benchmarks are based on adult rates only.
- Child and Child CCC CAHPS benchmarks are based on the combined general population rates for both components.

Medicare CAHPS and Health Outcomes Survey Using Medicare CAHPS and Health Outcomes Survey (HOS) data in the ratings depends on yearly approval from the Centers for Medicare & Medicaid Services (CMS). Because the submission schedule for Medicare CAHPS and HOS measures differs from the HEDIS submission schedule, NCQA uses the previous year’s data for measures in the CAHPS and HOS domain in the Medicare product line. For Medicare plans that were not required to submit CAHPS or HOS in the previous year, these measures are displayed as “NC” (No Credit).

1876 cost plans As of 2017, CMS no longer allows 1876 Cost Plans to submit data on measures that require inpatient data; therefore, submit “NQ” for these measures. “NQ” will be treated the same as “NA” and “NB,” and will not count against a Medicare plan’s Partial Data rule.

⁴CAHPS components are described in more detail in *HEDIS Volume 3: Specifications for Survey Measures*.

Other display scenarios To simplify the ratings display logic, NCQA developed the following display rules:

| APPLY FIRST | |
|---|---|
| Rate/Scenario | Display |
| Plan submits NR (Not Reported) for a measure indicator | NC (No Credit) |
| Plan submits BR (Biased Rate) for a measure indicator | NC (No Credit) |
| Plan submits NQ (Not Required) for a measure indicator | NC (No Credit) |
| Plan submits NA (Not Applicable) for a measure indicator | NA (Not Applicable) |
| Plan submits NB (No Benefit) for a measure indicator | NA (Not Applicable) |
| For Medicare, if “CAHPS Submitted = False” and “CAHPS Required = True” | Display as NC, overall Rating=Partial Data Reported |
| For Medicare, if “CAHPS Submitted = False” and “CAHPS Required = FALSE” | Display as NA, overall Rating=Partial Data Reported |

| APPLY SECOND | |
|---|--|
| Rate/Scenario | Display |
| Plan is Accredited on HEDIS/CAHPS and did not elect to public report results on the IDSS Attestation. These plans will be rated assuming they submitted scorable data for more than 50% of measure weights. | <i>Plans that are NCQA Accredited with HEDIS and marked their submission “Not Publicly Reported” on the Attestation are eligible for ratings. All measures are used to calculate their overall rating and scores for all measures are displayed.</i> |
| Plan is Accredited on Standards only but submits HEDIS/CAHPS and did not elect to public report results on the IDSS Attestation. Plans will have an overall rating score of Partial Data Reported. | NC (No Credit) for all measures. |
| Plan is Accredited on Standards only and did not submit any data or submitted either HEDIS or CAHPS only. Plans will have an overall rating score of Partial Data Reported. | NC (No Credit) for all measures the plan did not submit, except Medicare, which should follow the Medicare CAHPS rules above. |
| Plan is not Accredited and submitted either HEDIS or CAHPS only and said Yes to public reporting on the IDSS Attestation. Plans will have an overall rating score of Partial Data Reported. | NC (No Credit) for all measures the plan did not submit, except for Medicare, which should follow the Medicare CAHPS rules above. |
| Plan is not Accredited and did not submit any data. | NC (No Credit) for all measures. |
| Plan is not Accredited and submitted data but did not elect to public report results on the IDSS Attestation. Plans will have an overall rating score of No Data Reported. | NC (No Credit) for all measures. |

Special Needs Plans

Special Needs Plans (SNP) with all members categorized as “special needs members” according to CMS, are flagged in the rating displays.

Schedule, Advertising and Publicity Guidelines and Seals

Find the 2020 ratings schedule as well as the Advertising and Publicity Guidelines and Advertising and Publicity Seals at <https://www.ncqa.org/hedis/reports-and-research/>.

Results

HPR results will be posted on the NCQA [Health Plan Report Card](#).

Measure lists

The list of measures included in the Health Plan Ratings can be found at <https://www.ncqa.org/hedis/reports-and-research/>.