Advancing Healthcare:

Quality Metrics for a Reinvented Future

Craig Samitt, MD, MBA
President & CEO, BCBSMN
Digital Quality Summit
July 17, 2019
The Good Life In Minnesota
Gov. Wendell Anderson
For whatever tomorrow brings.
Meet David today

HONDA
HYPERTENSIVE
OBESE
NON-COMPLIANT
DIABETIC
ADULT

And David Tomorrow

TESLA
TECH ENABLED
EXERCISED
SELF-MOTIVATED
LIVING BETTER
ACTIVE
Average net promoter score

Health insurance: 12
Primary care: 3
Costco: 79
More is not always better.
Minnesota health costs could double to $94 billion by 2026

State report says potential cost surge brings sustainability concerns.

BY CHRISTOPHER SNOWDECK, STAR TRIBUNE
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The overall cost of health care in Minnesota grew at a relatively low rate during 2016, according to a new state report, but the broader trend points toward a likely doubling of expenses over the next decade.

Total health costs in 2016 came in at $47.1 billion, a 4 percent increase over the previous year, according to the annual study by the Minnesota Department of Health. The report cited relatively low payments to health insurers that manage care in state public health insurance programs as contributing to the low growth rate.

Long-term projections, however, suggest annual health care spending over the next decade will double to $94.2 billion in 2026. That means Minnesota would be spending $1 out of every $3 generated by the state’s economy on health care.

“While growing health care spending could be a feature of economic growth that we as a society accept, indications are that stakeholders virtually across the board worry about the sustainability of trends,” the report states. “Cost containment will be challenging; there appears to be no single solution to effectively curtail health care spending growth.”
Can Mount Sinai be serious? The answer is a resounding yes. In fact, we couldn’t be more serious.

Mount Sinai’s number one mission is to keep people out of the hospital. We’re focused on population health management, as opposed to the traditional fee-for-service medicine. So instead of receiving care that’s isolated and intermittent, patients receive care that’s continuous and coordinated, much of it outside of the traditional hospital setting.

Thus the tremendous emphasis on wellness programs designed to help people stop smoking, lose weight and battle obesity, lower their blood pressure and reduce the risk of a heart attack. By being as proactive as possible, patients can better maintain their health and avoid disease.

Our Mobile Acute Care Team will treat patients at home who would otherwise require a hospital admission for certain conditions. The core team involves physicians, nurse practitioners, registered nurses, social workers, community paramedics, care coaches, physical therapists, occupational therapists, speech therapists, and home health aides.

Meanwhile, Mount Sinai’s Preventable Admissions Care Team provides transitional care services to patients at high risk for readmission. After a comprehensive bedside assessment, social workers partner with patients, family caregivers and healthcare providers to identify known risks such as problems with medication management and provide continuing support after discharge.

It’s a sweeping change in the way that health care is delivered. And with the new system comes a new way to measure success. The number of empty beds.

1-800-MD-SINAI
mountsinai.org/myhealth

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**Mayo Clinic**
The Mayo Clinic is a nonprofit academic medical center based in Rochester, Minnesota, focused on integrated clinical practice, education, and research. It employs more than 4,000 physicians and scientists, along with another 9,400 administrative and allied health staff.

**HealthPartners**
HealthPartners is an integrated, nonprofit health care provider and health insurance company located in Bloomington, Minnesota offering care, coverage, research and education to its members, patients and the community.

**Allina Health**
Allina Health is a not-for-profit health care system based in Minneapolis, Minnesota. Allina owns or operates 13 hospitals and more than 90 clinics throughout Minnesota and western Wisconsin.

**North Memorial Health**
North Memorial Medical Center, sometimes referred to as North Memorial, is a 361-bed community hospital located in Robbinsdale, Minnesota. It is one of four Level I trauma centers in Minnesota.

**Fairview**
Fairview Health Services is a nonprofit, integrated health system based in Minneapolis, Minnesota. It provides health care across the full spectrum of health care services.
From Mostly Clinical Quality Metrics

Broadened to Health Quality Metrics

Health Transformative
Consumer Engaged
Appropriate
Consistent
Equitable
Affordable
Transparent
Shoppable
Referable
Convenient
Digital
Clinical
Preventive
Procedural

Source: Institute for Clinical Systems Improvement Going Beyond Clinical Walls. Solving Complex Problems (October 2014). The Bridgespand Group
Thank You.
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BCBSMN and Stella

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