
**Proposed New Measures for HEDIS^{®1} 2009:
Body Mass Index (BMI) Assessment (BAA)
BMI Percentile Assessment and Counseling for Nutrition and Physical
Activity (BCA)**

NCQA seeks feedback on two proposed measures for the HEDIS 2009 measurement set: *BMI Assessment* and *BMI Percentile Assessment and Counseling for Nutrition and Physical Activity*.

The BAA measure looks at the percentage of members 18–74 years of age who had an outpatient office visit and who had their body mass index (BMI) documented. The adult measure is proposed for reporting by commercial, Medicaid and Medicare plans.

The BCA measure assesses the percentage of members 2–17 years of age who had an outpatient office visit and who had evidence of BMI percentile assessment, counseling for nutrition and counseling for physical activity during the measurement year; it is proposed for reporting by commercial and Medicaid plans.

NCQA formed both an Adult Obesity Measurement Advisory Panel (MAP) and a Childhood/Adolescent Obesity MAP to assist in the development of the measures and the field-test protocols. Supporting documents for the proposed measures include the draft measure specifications and associated measure rationale work-up, which contains data obtained through field-testing.

NCQA thanks and acknowledges the contributions of the Adult Obesity Measurement Advisory Panel and the Childhood/Adolescent Obesity Measurement Advisory Panel.

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